

OFFICE OF THE GOVERNOR

PROCLAMATION IN OBSERVANCE OF NATIONAL CONCUSSION AWARENESS DAY

Whereas, the vast majority of concussions happen in everyday accidents, and over half of people who suspect they have a concussion never get it checked; and

Whereas, concussions are typically invisible injuries with the true impact hidden beneath; and

Whereas, our brains impact every aspect of who we are, so it is important to understand that concussions are serious injuries that require diagnosis and care; and

Whereas, concussions are a common head injury that are a mild Traumatic Brain Injury (mTBI), caused by damage to the brain during sudden shifting of the brain inside the skull; and

Whereas, on June 30, 2016, the Delaware General Assembly passed HB 404, known as the "Concussion Protection in Youth Athletic Activities Act (CPYAAA); and

Whereas, Title 16, Chapter 30, Section 30001L of the Delaware Code is important in trying to ensure that Delaware's children receive proper care after incurring a concussion.

Now, Therefore, We, John Carney, Governor, and Bethany Hall-Long, Lieutenant Governor, do hereby declare September 20th, 2024, as

NATIONAL CONCUSSION AWARENESS DAY

in the State of Delaware, and urge all Delawareans to "Start a Conversation" to increase awareness of concussions and the importance of concussion treatment throughout Delaware.

OF DELAWARD

John C. Carney

Bethany A. Hall-Long Lieutenant Governor

> <u>19-2251</u> Number