

OFFICE OF THE GOVERNOR

PROCLAMATION IN OBSERVANCE OF BRAIN INJURY AWARENESS MONTH

Whereas, a Traumatic Brain Injury is defined as a bump, jolt, or blow to the head, or a penetrating head injury that disrupts the normal function of the brain; and

Whereas, brain injuries are unpredictable in their consequences and affect the way we think, act, and feel; and,

 $\it Whereas$, more than 37,400 Delawareans are currently living with the long-term effects of a brain injury, and

Whereas, 30 percent of sports-related injuries happen among youth five and 19 years of age, and, because the signs of brain injury are not always well recognized, youth may put themselves at risk for another injury and potentially fatal second-impact syndrome; and

Whereas, an estimated 300,000 mild traumatic brain injuries, often called concussions, occur in the United States per year during competitive sports and recreational activities; and

Whereas, as many as 50 percent of mild traumatic brain injuries go unreported or undetected; and

Whereas, an injury that happens in an instant can bring a lifetime of physical, cognitive, and behavioral challenges; and

Whereas, basic medical and neurological research must be expanded and supported and prevention of brain injury is the only cure; and

Whereas, public awareness and understanding of the consequences will hopefully lead to the prevention of injuries, while enhancing the recovery process for survivors.

Now, Therefore, We, John Carney, Governor, and Bethany Hall-Long, Lieutenant Governor, do hereby declare March 2021, as

BRAIN INJURY AWARENESS MONTH

in the State of Delaware, and urge all Delawareans to learn about brain injuries and their effects.

OF DELAWARE

John C. Carney

Bethany A. Hall-Long

Lieutenant Governor

<u>17-3656</u> Number